

Floor Insulation

Kemp House, 160 City Road
London, Greater London EC1V 2NX
United Kingdom

Phone: 07827490285

FloorInsulation.co.uk provides independent guidance and practical solutions for floor insulation throughout the UK. Our mission is to improve energy efficiency and support sustainable construction by helping people specify, source and install the right systems. We publish in-depth resources and case studies, maintain a vetted installer network, and offer technical support for homeowners, architects and contractors. From suspending timber floor upgrades and solid floor retrofits to underfloor insulation for crawl spaces, we cover materials such as mineral wool, PIR, EPS, cellulose and natural fibres, with clear advice on performance, moisture control, acoustics and compliance. Website: <https://floorinsulation.co.uk/> Phone Number: 07827490285

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